

## Wellington Warm-Ups

### Let me see your butt

Girl let me see yo' butt

Let me see yo' butt

Let me see yo' butt

Let me see yo' butt ... (4x on fourth time you turn and put your butt into circle)

### Red Rover

I'm looking over

my dead dog Rover

that I overran with my power motor

one leg is missing

the other is gone

the third one is scattered

all over the lawn

Oh no, there's no need explaining

the one remaining

it's out on the carport floor,

I'm looking over my dead dog rover

that I overran before, (dog yelp)

### Mother Pheasant

I am a mother pheasant plucker

I pluck mother pheasants

I am the most pleasant mother pheasant plucker

To ever pluck mother pheasants

I am not the pheasant plucker

I'm the pheasant plucker's son

And I'll be plucking mother pheasants

'Til the pheasant plucking's done

### Singing in the Rain –(repeat after the lead person)

Arms out...(arms out)

Thumbs up...(thumbs up)

Wrists together...(wrists together)

(together) Aroo-cha cha, Aroo cha cha, Aroo cha cha cha

I'm singing in the rain, just singing in the rain

What a wonderful feeling, I'm hap-hap-happy again

Arms out...(arms out)

Thumbs up...(thumbs up)

Wrists together...(wrists together)

Elbows in...(elbows in)

Knees bent...(knees bent)

Bum out...(Bum out)

Tongue out...(tongue out)

(together) Aroo-cha cha, Aroo cha cha, Aroo cha cha cha

I'm singing in the rain, just singing in the rain

What a wonderful feeling, I'm hap-hap-happy again

### **Funky Chicken**

Let me see your \_\_\_\_\_...(what's that you say?)  
I said let me see your \_\_\_\_\_...(what's that you say?)  
I said please let me see your \_\_\_\_\_...(what's that you say?)  
I said ooh ah ah ah ooh ah ah ah ooh ah ah ah  
One more time now  
ooh ah ah ah ooh ah ah ah ooh ah ah ah  
(then you do it over and over again with different \_\_\_\_\_ each time)

### **Mouth, Teeth, Tongue**

the mouth the teeth the tip of the tongue the articulatory tools  
(say it really fast 10x)

### **Unique New York**

Unique New York, Unique New York,  
Unique New York, Unique New York,  
You know New York,  
You need New York,  
You know you need  
Unique New York!

### **Lily-wahl!!**

(just lily-wahl over and over again)

### **BIG FACE..little face**

Big face...AHHHH (make big face)  
Little face...AHHH (make little face)  
Up face (up face)  
Down face (down face)  
Right face (right face)  
Left face (left face)  
Inside out face (inside out face)

### **Flea**

Flea!!! (Flea)  
Flea fly (flea fly)  
Flea fly flo flum (flea fly flo flum)  
Coom a latta coom a latta coom a la vista  
(Coom a latta coom a latta coom a la vista)  
Oh no no not the vista (Oh no no not the vista)  
Icki meenie oocka meenie oh ah ah ca meenie  
(Icki meenie oocka meenie oh ah ah ca meenie)  
shoo bop bop shoo bop ba do baa  
(shoo bop bop shoo bop ba do baa)  
SHHHHHHHHHH!!!!!! (together and arms go up)

### **Whether the Weather**

Whether the weather is cold, or whether the weather is hot, we'll be together whatever the weather, whether we like it or not. (start off low, then get louder and louder while raising yourself up, and by the fifth time, you are screaming and jumping.)